



# Princeton Neurological Surgery

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## Preparation for Surgery

**To assure your comfort and safety, please read and follow these instructions carefully**

- Discontinue Aspirin and NSAIDs (e.g., Ibuprofen) 7 days prior to your surgery. You may take Tylenol.
- If you are taking an anticoagulant medication such as Coumadin, you may need to stop taking this medication as per your physician's specific instructions.
- ***Please discuss with your prescribing physician and your surgeon to help determine when and how you will stop taking this medication***
- If you develop a respiratory infection, urinary tract infection, a cold, fever, sore throat, flu or any other medical condition one week prior to your scheduled surgery ***please notify Dr. Lipani's office immediately***. This may necessitate a delay of your surgery for your own safety.
- If you need to cancel or reschedule your surgery for any reason please let Dr. Lipani's office know as soon as possible, preferably at least 7 days in advance.

## The evening before your surgery

- Take a shower or bath
- No food or drink after midnight; (including water, chewing gum, mints, etc.)
- Do not take any medications after midnight unless directed by your physician (if you are instructed to take any medication the morning of surgery you may do so with sips of water)
- Do not drink any alcoholic beverages for 24 hours prior to surgery
- Arrive at the hospital on time (you will be given a number to call and instructions to determine what time you need to arrive at the hospital)
- In the event you will be late for your scheduled arrival time please call the number provided to make the hospital staff aware.

## The day of your surgery

- Wear comfortable clothing and shoes
- Do not wear jewelry, body piercings, prosthesis, nail polish or artificial nails
- (Females) tampons must be removed
- If you wear contact lenses make sure you make the staff aware. These will have to be removed prior to OR
- If you wear glasses these will need to be removed for surgery
- Dentures: you will need to remove dentures, partials (a denture cup will be provided)

***IF YOU ARE HAVING AN MRI OR CT SCAN PRIOR TO YOUR SURGERY YOU WILL BE GIVEN INSTRUCTION ON WHEN TO ARRIVE***